

# **The Indiana Commission to Combat Drug Abuse**



*Behavioral Health Division*

## **Comprehensive Community Plan**

County: Knox

LCC Name: Knox County Local Coordinating Council

LCC Contact: Terry Cohen

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County Commissioners:

Address:

City:

Zip Code:

## Vision Statement

What is your Local Coordinating Council's vision statement?

The Knox County Local Coordinating Council inspires a community free of drug and alcohol abuse.

## Mission Statement

What is your Local Coordinating Council's mission statement?

The mission of this LCC is to measurably assess Knox County's need and existing resources, find the gaps in our current system(s) and develop strategies and plans to fill those gaps.

Membership List					
#	Name	Organization	Race	Gender	Category
1	Jason Kolb	Courage	White	Male	Treatment
2	Bill Gadberry	Indiana State Police	White	Male	Criminal Justice
3	James Rees	Knox County Probation	White	Male	Criminal Justice
4	Mollie Ewing	CFS	White	Female	Prevention
5	John Fuller	Sheriff Department	White	Male	Justice
6	Jennifer Andrews	VU Counseling Center	White	Female	Prevention
7	Tania Willis	LAM	White	Female	Treatment
8	Kathy Evans	VU Counseling Center	White	Female	Treatment
9	Vanessa Phillips	SOC	White	Female	Prevention
10	Jessica Schaeffer	Samaritan Center	White	Female	Treatment
11	Tina Hidde	Community	White	Female	Prevention
12	Warren English Malone	Hamilton Center	Black	Male	Treatment
13	Chelsey Hedrick	CFS	White	Female	Prevention
14	Greg Risley	Business Owner	White	Male	Treatment
15	Tina Hidde	GLL PLL	White	Female	Community
16	Dawn Elkins	North Knox Schools	White	Female	Prevention
17	Adam Dougherty	VU Police	White	Male	Criminal Justice
18	Denise Swink	CASA	White	Female	Jujstice
19	Terry Johnson	Vincennes Police Dept.	White	Male	Criminal Justice
20	Bryan Bible	Vincennes Police Dept.	White	Male	Criminal Justice
21	Marsha Bishop	LAM	White	Female	Treatment
22	Judge Johanningsmeier	Knox Courts	White	Male	Justice

23	Pam Hazel	KCYF	White	Female	Prevention
24	Terry Cohen	LCC	White	Male	Prevention
25	Dirk Carnahan	Knox County Prosecutor	White	Male	Justice
26	Joe Williams	Drug Court	White	Male	Justice
27	Matt Toothman	South Knox Schools	White	Male	Prevention
28	Krystle Russell	Tobacco Prevention and Cessation	White	Female	Prevention
29	Cathy Bush	Hope's Voice	White	Female	Prevention
30					

#### **LCC Meeting Schedule:**

Please provide the months the LCC meets throughout the year:  
The LCC meets at 12:00 noon the first Wednesday of every month.

## Community Needs Assessment: Results

*The first step in developing an effective substance use and misuse reduction plan is to assess your community. A community assessment tells you about your community's readiness to implement prevention, treatment, and justice-related programs to address substance use and misuse. An assessment also provides an overview of the risk and protective factors present in the community, helping your coalition plan more effectively.*

### Community Profile

County Name: Knox
County Population: 36,779
Schools in the community: Vincennes Community Schools North and South Knox School Corporations Vincennes Rivet Catholic School Corporation
Medical care providers in the community (hospitals, health care centers, medical centers/clinics, etc.): Good Samaritan Hospital VA Clinic Family Community Health Vincennes University Clinic Hamilton Center
Mental health care providers in the community (hospitals with psychiatric/behavioral health units, mental health clinics, private/public providers, etc.): Samaritan Center Hamilton Center Raintree LLC Vincennes University Hopes Voice Southwest Indiana Regional Youth Village
Service agencies/organizations: Hoosier Uplands CASA LAM United Way Children and Family Services
Local media outlets that reach the community: Vincennes Sun Commercial - news paper WBVB radio WBV TV
What are the substances that are most problematic in your community?: Meth, opioids, alcohol, marijuana, tobacco/vaping.
List all substance use/misuse services/activities/programs presently taking place in the community: Life After Meth

## Community Risk and Protective Factors

*Use the list of risk and protective factors to identify those present in your community. Identify the resources/assets and limitations/gaps that exist in your community related to each. The lists are not all-inclusive and others may apply.*

**Risk Factors Examples:** trauma and toxic stressors; poverty violence; neighborhood characteristics; low neighborhood attachment; community disorganization; community norms and laws favorable toward drug use, firearms, and crime; availability of alcohol and other drugs; weak family relationships; family substance use; peer substance use; mental health problems; families moving frequently from home to home; limited prevention and recovery resources.

**Protective Factors Examples:** strong family relationships; neighborhood economic viability; low childhood stress; access to health care; access to mental health care; community-based interventions; restricted access to alcohol and other drugs including restrictive laws and excise taxes; safe, supportive, and connected neighborhoods; meaningful youth engagement opportunities; local policies and practices that support healthy norms and child-youth programs; positive connection to adults.<sup>1</sup>

Risk Factors	Resources/Assets	Limitations/Gaps
1. Alcohol, Tobacco and Other Drugs (ATOD) are readily available for youth consumption	1. Law enforcement agencies and Excise compliance checks with retail outlets 2. Prevention and education campaigns and events provided by schools and the community. 3. Drug take back events that increase awareness of drug availability.	1. Elderly population overlooked as an at risk group. 2. General acceptance of youth using tobacco/vaping, alcohol and marijuana. 3. Limited laws and local ordinances addressing availability of ATOD.
2. Untreated mental health issues co-related with substance abuse.	1. Samaritan Center and mental health support services. 2. Social workers located within school corporations. 3. Insurance navigators.	1. Limited treatment options addressing substance abuse. 2. Crisis Intervention Team does not exist. 3. Stigma related to substance abuse
3. Intergenerational substance abuse.	1. PACE and START programming	1. Poverty considered a contributing factor.

<sup>1</sup>Risk and protective factors extracted from IUPUI Center for Health Policy Community Conditions Favorable for Substance Use, April 2018.

	<ul style="list-style-type: none"> <li>2. Low unemployment within the community</li> <li>3. Faith based community.</li> </ul>	<ul style="list-style-type: none"> <li>2. Limited education/awareness of substance abuse issues.</li> <li>3. Limited involvement with treatment providers.</li> </ul>
Protective Factors	Resources/Assets	Limitations/Gaps
1. Cooperation between service providers and justice entities.	<ul style="list-style-type: none"> <li>1. Drug court.</li> <li>2. ATOD coalitions, the LCC.</li> <li>3. Faith based organizations.</li> </ul>	<ul style="list-style-type: none"> <li>1. Accurate data assimilation.</li> <li>2. Funding for justice and treatment programs.</li> <li>3. Time restraints with funding and program provision</li> </ul>
2. Strong community coalition work.	<ul style="list-style-type: none"> <li>1. Diversity amongst coalition participants and agencies</li> <li>2. Significant participation within the coalition.</li> <li>3. Support of community based events and activities.</li> </ul>	<ul style="list-style-type: none"> <li>1. Same/repeat involvement with participating members.</li> <li>2. Uninvolved community entity participation.</li> <li>3. No youth representation or participation.</li> </ul>
3. Community events and activities	<ul style="list-style-type: none"> <li>1. Numerous free community events.</li> <li>2. Numerous civic organizations.</li> <li>3. Large faith based community.</li> </ul>	<ul style="list-style-type: none"> <li>1. Transportation with a largely rural county.</li> <li>2. Participation ability with activities due to poverty or employment conflicts.</li> <li>3. Limited engagement of high risk population.</li> </ul>

## Making A Community Action Plan

*Now that you have completed a community assessment and have identified the risk and protective factors that exist, you can develop a plan of action. The Comprehensive Community Plan (CCP) is a systematic and community-driven gathering, analysis, and reporting of community-level indicators for the purpose of identifying and addressing local substance use problems.*

Step 1: Create problem statements, and ensure problems statements are in line with statutory requirements

Step 2: Ensure your problem statements are evidence-informed, then prioritize

Step 3: Brainstorm what can be done about each

Step 4: Prioritize your list, and develop SMART goal statements for each

Step 5: List the steps to achieve each goal

### Step 1: Create + Categorize Problem Statements

*Create problem statements as they relate to each of the identified risk factors.*

Risk Factors	Problem Statement(s)
1. Alcohol, Tobacco and Other Drugs (ATOD) are readily available for youth consumption	<ol style="list-style-type: none"><li>1. There is ready access to ATOD by youth in the county.</li><li>2. There is a significant lack of knowledge on the part of youth and adults relating to the consequences of ATOD.</li><li>3. Youth Programming, as an alternative to substance use, is limited in Knox County.</li></ol>
2. Mental health issues, as they relate to substance abuse, affecting the quality of life for adults.	<ol style="list-style-type: none"><li>1. There are limited resources available to address substance abuse. illness.</li><li>2. There are significant delays in accessing mental health services for individuals with substance abuse issues.</li><li>3. Limited transportation in a rural county can impede the process of seeking treatment services.</li></ol>
3. Intergenerational substance abuse.	<ol style="list-style-type: none"><li>1. At risk population groups living in the county exhibit high rates of substance abuse.</li><li>2. Low education rates is identified as a contributing factor to substance use and abuse.</li></ol>

## Step 2: Evidence-Informed Problem Statements

*Identify your top three problem statements using local or state data. Ensure that there is a problem statement for each co-equal funding category (e.g., prevention/education; intervention/treatment; and criminal justice services and activities).*

Problem Statements	Data That Establishes Problem	Data Source
Criminal Justice: There is ready access to ATOD by youth in the county.	140 youth were arrested during 2019 for substance use charges. Out of this figure, 55 arrests were alcohol related, 18 for meth, 59 for marijuana and 13 for the use of a controlled substance.	ISP County arrest records, 2019
	Percentage of 12th graders reporting monthly E-cigarette use in the Southwest Region of Indiana was 36.4%, during 2018. State of Indiana reported use rate was 28.6% Monthly Alcohol use by 12th graders was identified at 33% compared to the State rate of 29.5%	Indiana Youth Survey 2018 Regional report
	The Knox County Probation Department identified 77 new juvenile case for 2019 for an average number of 57 participants. Of this number 35 youth cases were substance abuse related.	Knox County Probation Department, 2019
Prevention/Education: There is a significant lack of knowledge on the part of adults relating to the consequences of ATOD.	443 adults were arrested for drug related charges during 2019. Out of this figure 127 were for alcohol related charges, 101 for meth, 145 for marijuana and 58 for a controlled substance.	Indiana State Department of Health/TPCC, 2019
	Estimated smoking rate is 18% of the adult population in Knox County compared to an estimated 21.8% State rate.	
	18 out of a total of 115 Child Removals (CHINS) were due to Parental Alcohol Abuse, 15.7% compared to the 8.1% State rate.	Indiana Department of Child Services, 2018



	<p>Knox County Probation indicates that there were 365 new Adult Felony cases received in 2019. Of this number 164 were Substance Abuse related.</p> <p>There were 441 new Adult Misdemeanor cases received in 2019. Of this number 260 were Substance Abuse related.</p>	Knox County Probation Department (2019)
Treatment: There are limited resources available to address treatment needs related to substance abuse.	<p><u>Substance Abuse Treatment Episodes</u> totals – 347 in 2018  Marijuana Use: 168 during 2018.</p> <p>Marijuana Dependence: 79 during 2018.  Opioid Drug Use: 83 during 2018.  Opioid Dependence: 51 in 2018  Meth Use: 127 during 2018.  Meth Dependence: 76 during 2018  Alcohol Use: 177 during 2018.  Dependence: 120 during 2018</p>	Treatment Episode Data (TEDS): information limited to individuals entering substance abuse treatment who are at 200% below the federal poverty level and receive State funded treatment during 2018:

### Step 3: Brainstorm

*Consider the resources/assets and limitations/gaps that were identified for each risk factor, and list what actions can be taken for each identified problem statement.*

Problem Statements	What can be done (action)?
There is ready access to ATOD by youth in the county.	<ol style="list-style-type: none"> <li>1. Fund requested materials, supplies, equipment and training to provide assistance for law enforcement and justice related agencies in combating the use of illicit drugs.</li> <li>2. To support programs in all county schools and educational facilities with an anti-tobacco, underage drinking and other substance abuse related prevention and education programs.</li> <li>3. To support organizations and schools in Knox County with programming that creates positive role models and positive</li> </ol>

	drug free activities for elementary, secondary, high school and university students.
There is a significant lack of knowledge on the part of adults relating to the consequences of ATOD.	<ol style="list-style-type: none"> <li>1. Support public awareness education and prevention programs addressing substance abuse. This would include any county agency providing awareness or education oriented programming.</li> <li>2. To support educational programs which address the consequences and effects of substance abuse on the individual, family and community.</li> <li>3. Support law enforcement/justice services as they relate to alcohol and other drug abuse issues affecting adults and families. This would include trainings, equipment and resources specific to adults and families affected by substance abuse issues.</li> </ol>
There are limited resources available to address treatment needs related to substance abuse.	<ol style="list-style-type: none"> <li>1. Support the availability of substance abuse treatment and intervention services addressing substance abuse. This would include trainings, counseling services, program supplies and after care services.</li> <li>2. Promote increased participation with the Knox County LCC and alternative treatment/intervention providers. This would include treatment providers from the private sector, faith based organizations and recovery oriented residential treatment providers.</li> <li>3. Increase the availability of trainings, equipment and resources for law enforcement and justice programs specific to adults and families affected by substance abuse issues.</li> </ol>

#### Step 4: Develop SMART Goal Statements

*For each problem statement, prioritize your list of what can be done. Choose your top two actions for each. Then, develop goal statements that demonstrate what change you hope to achieve and by when you hope to achieve it.*

<b>Problem Statement #1:</b> There is ready access to ATOD by youth in the county.
Goal 1: Probation and arrest numbers of youth with alcohol, tobacco and other drug issues (ATOD) issues will increase by 4%. during the current year.

Goal 2: Percentage of 12 <sup>th</sup> graders reporting monthly E-cigarette use decrease by 5% during the current year. Monthly Alcohol use by 12 <sup>th</sup> graders will decrease by 5% during the current year.
<b>Problem Statement #2:</b> There is a significant lack of knowledge on the part of adults relating to the consequences of ATOD
Goal 1: Probation and arrest numbers of for Alcohol and Drug related incidents will increase by 4%. during the current year.
Goal 2: The LCC will increase by 2 the provision of educational programs which address ATOD consequences during the current year.
<b>Problem Statement #3:</b> There are limited resources available to address treatment needs related to substance abuse.
Goal 1: The LCC will increase by 2 the provision of treatment oriented support programs addressing substance abuse issues during the current year.
Goal 2: The LCC will see a increase of 5 % individuals seeking treatment for ATOD related issues during the current year.

### Step 5: Plans to Achieve Goals

*For each goal, list the steps required to achieve each*

Problem Statement #1	Steps
Goal 1: Probation and arrest numbers of youth for ATOD issues will decrease by 4%. during the current year.	<ol style="list-style-type: none"> <li>1. Prevention:- Fund prevention and education programs focused on reducing youth usage of illegal substances.</li> <li>2. Intervention – Support the provision of treatment assessments and counseling services for youth engaging in illegal substance abuse.</li> <li>3. Justice – Support Justice and Law Enforcement activities that identify and engage with youth participating with illegal substance use.</li> </ol>
Goal 2: Percentage of 12 <sup>th</sup> graders reporting monthly E-cigarette use will decrease by 5% during the current year. Monthly Alcohol reported use by 12 <sup>th</sup> graders will decrease by 5% during the current year.	<ol style="list-style-type: none"> <li>1. Prevention – Support educational programming that increase youth awareness of tobacco,vaping, alcohol and other illegal drug issues.</li> <li>2. Treatment – Support the provision of smoking/vaping cessation and other illegal drug use with treatment programming for youth.</li> </ol> <p>Justice – Support justice and law enforcement activities that identify and</p>

	intervene with youth using tobacco and vaping products and other illegal drugs
<b>Problem Statement #2</b>	<b>Steps</b>
Goal 1: Probation and arrest numbers of for Alcohol and Drug related incidents will decrease by 4%. during the current year.	<ol style="list-style-type: none"> <li>1. Prevention – Support educational programming that increase the communities awareness of alcohol and illegal drug issues.</li> <li>2. Treatment – Support the provision of treatment programming for youth and adults engaged in substance abuse.</li> <li>3. Justice – Support justice and law enforcement activities that identify and intervene with youth and adults who abuse drugs.</li> </ol>
Goal 2: The LCC will increase by 2 the provision of educational programs which address ATOD consequences during the current year.	<ol style="list-style-type: none"> <li>1. Prevention – Support educational programming that increase the communities awareness of alcohol and illegal drug issues.</li> <li>2. Treatment – Fund awareness activities and events that increase the communities understanding of the availability of treatment programs for substance abuse.</li> <li>3. Justice – Support law enforcement and justice programs that increase the communities awareness of substance abuse issues.</li> </ol>
<b>Problem Statement #3</b>	<b>Steps</b>
Goal 1: The LCC will increase by 2 the provision of treatment oriented support programs addressing substance abuse issues during the current year.	<ol style="list-style-type: none"> <li>1. Prevention – Support awareness activities and programming that increases the communities awareness of alcohol and illegal drug issues.</li> <li>2. Treatment – Support the provision of treatment programming for youth and adults engaged in substance abuse.</li> <li>3. Justice – Support justice and law enforcement activities that identify and intervene with youth and adults who abuse drugs.</li> </ol>
Goal 2: The LCC will see an increase of 5 % the number of individuals seeking treatment for ATOD related issues during the current year.	<ol style="list-style-type: none"> <li>1. Prevention – Support educational programming that increase the communities awareness of alcohol</li> </ol>

	<p>and illegal drug issues.</p> <p>2. Treatment – Support the provision of treatment programming for youth and adults engaged in substance abuse.</p> <p>3. Justice – Support justice and law enforcement activities that identify and intervene with youth and adults who abuse drugs.</p>
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## Fund Document

*The fund document allows the LCC to provide finances available to the coalition at the beginning of the year. The fund document gauges an LCC's fiscal wellness to empower their implementation of growth within their community. The fund document also ensures LCCs meet the statutory requirement of funding programs within the three categories of (1) Prevention/Education, (2) Treatment/Intervention, and (3) Criminal Justice Services and Activities (IC 5-2-11-5).*

## Funding Profile

Amount of funds deposited into the County Drug Free Community Fund from fees collected last year (\$100.00): \$17,398		
Amount of unused funds that rolled over from the previous year (\$100.00): \$184,093		
Total funds available for programs and administrative costs for the upcoming year (\$100.00): \$201,491		
Amount of funds granted the year prior (\$100.00): \$17,122		
How much money is received from the following entities (if no money is received, please enter \$0.00): \$0.00		
Substance Abuse and Mental Health Services Administration (SAMHSA): \$0.00		
Bureau of Justice Administration (BJA): \$0.00		
Office of National Drug Control Policy (ONDCP): \$0.00		
Indiana State Department of Health (ISDH): \$0.00		
Indiana Department of Education (DOE): \$0.00		
Indiana Division of Mental Health and Addiction (DMHA): \$0.00		
Indiana Family and Social Services Administration (FSSA): \$0.00		
Local entities: \$0.00		
Other: \$0.00		
<b>Funding allotted to prevention/education; intervention/treatment; and criminal justice services and activities (\$100.00):</b>		
Prevention/Education: 25% \$50,372.75	Intervention/Treatment: 25% \$50,372.75	Justice: 25% \$50,372.75
<b>Funding allotted to Administrative costs:</b>		
<i>Itemized list of what is being funded</i>		<i>Amount (\$100.00)</i>
Coordinator Salary		\$6,000
Capacity Building		\$4,000
<b>Funding allotted by Goal per Problem Statement:</b>		
<b>Problem Statement #1</b>	<b>Problem Statement #2</b>	<b>Problem Statement #3</b>
Goal 1: \$5,000	Goal 1: \$5,000	Goal 1: \$5,000
Goal 2: \$5,000	Goal 2: \$5,000	Goal 2: \$5,000